

THINK

- Thoughtful
- Helpful
- Inspiring
- Necessary
- Kind

9-29-19

Preston!

Thanks for letting me do a reading of your book. I enjoyed the thoughts you have shared here. We'll talk when next I see you.

Keep Writing,

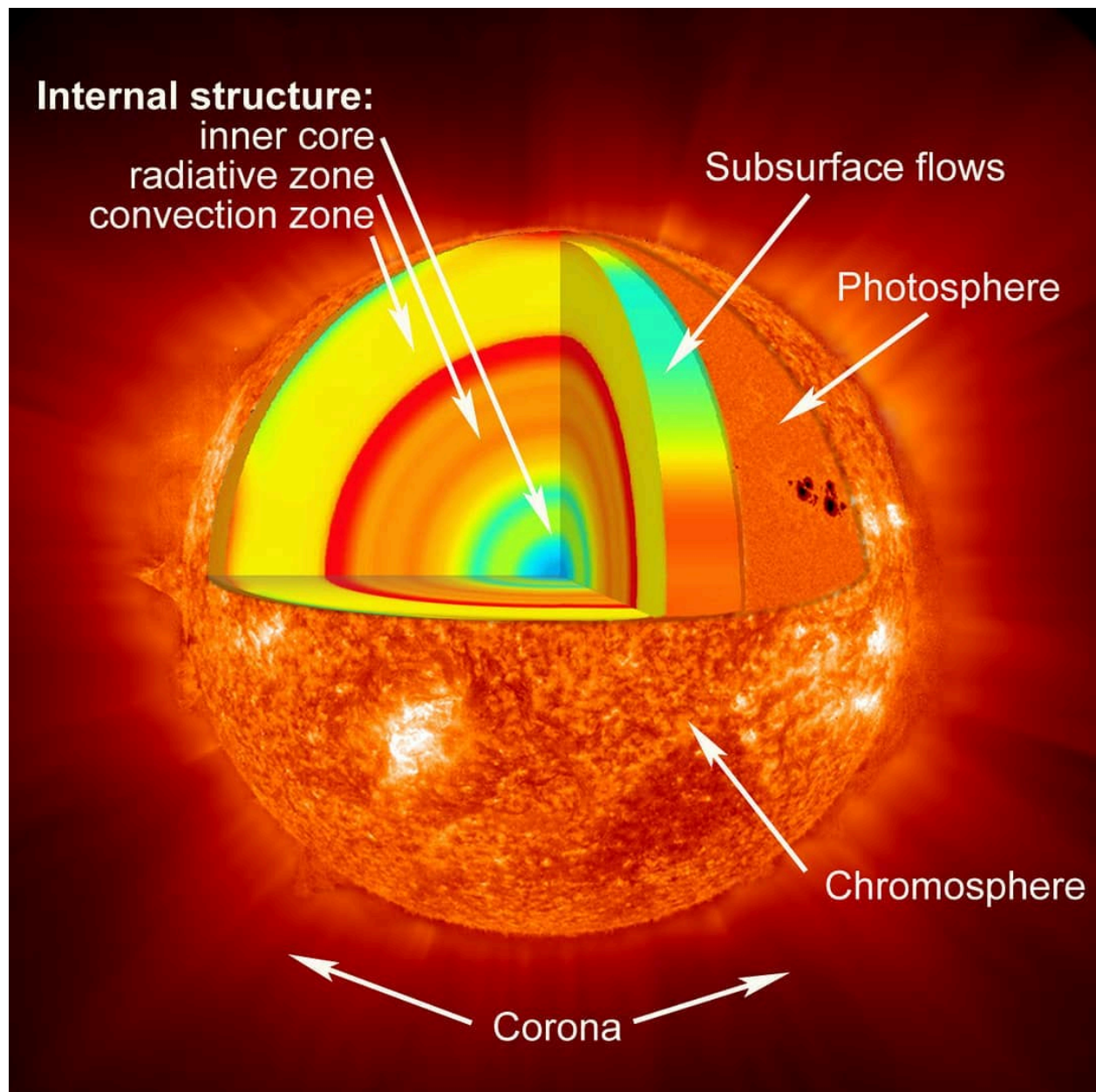
Group Therapist
Tim K

The Serenity Prayer

God grant me the serenity
To accept the things I cannot change;
Courage to change the things I can;
And wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
As it is, not as I would have it;
Trusting that He will make all things right
If I surrender to His Will;
So that I may be Reasonably happy in this life
And supremely happy with Them Forever and ever in the
next.
Amen.

A prayer attributed to Reinhold Niebuhr (1892-1971)



The sun is hydrogen gas right that's burning? What if it was more like a stove range burner and could be throttled and was actually just filled with a fuel source water (hydrogen and oxygen) that could be refueled with the right technology... What if in 400 years the water will run dry the sun will turn off unless we can get a fuckload of water and refuel it.

I would like to tell you about my friend
Mayor Pete.

Pete has military service record that is one
of the most impressive that I have ever
seen

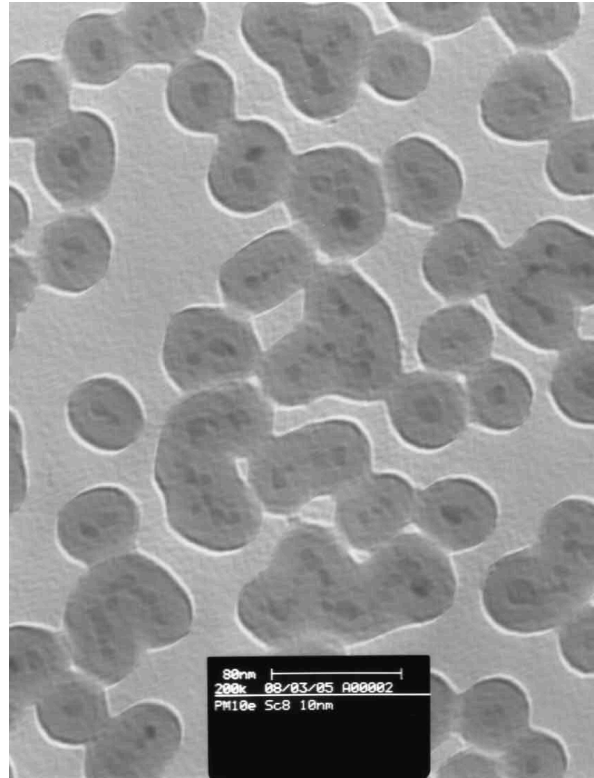
<Story about how impressive BUTTMAN is>

Pete wants the poorest American to be
middle class and with his work with the
IFTF.org and Miranda Gorbis they have
collaborated to solve the biggest issues our
world faces. Thanks, my name is Preston
Berman and I work at Microsoft doing
Public Relations.

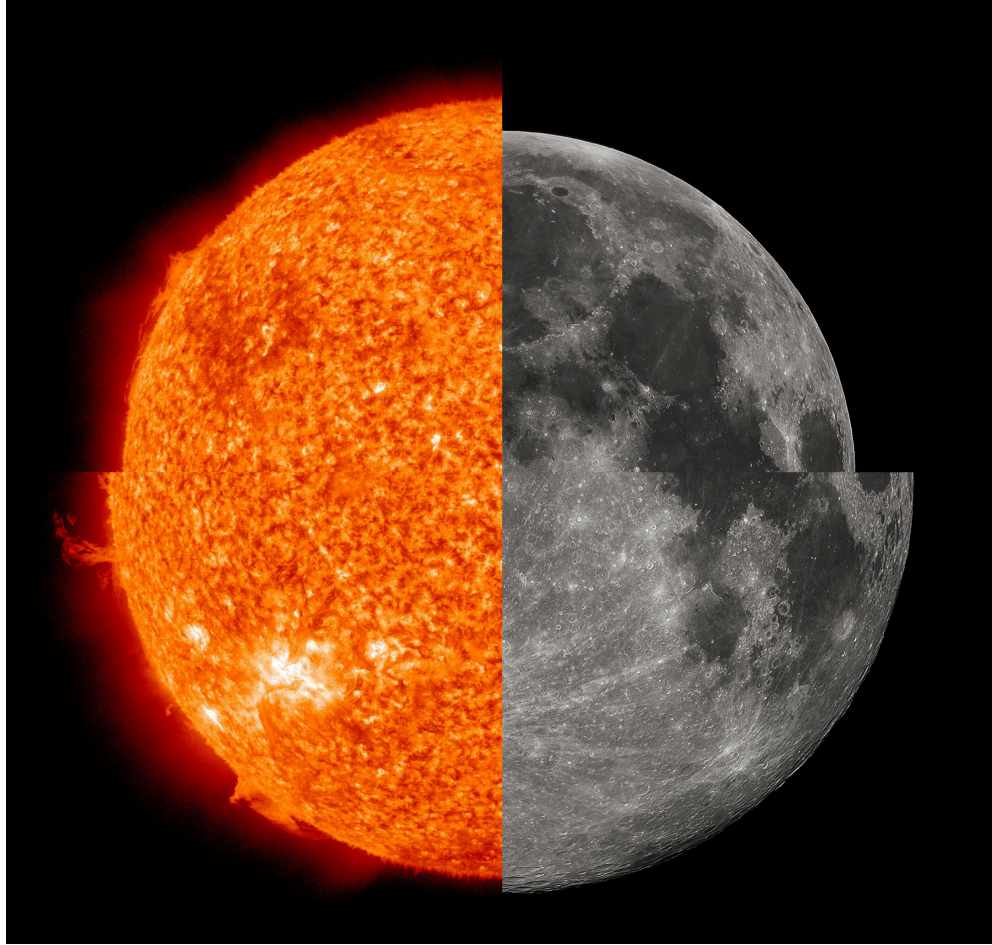


The Universe has an economy based on Capitalism. Capitalism is the purest form of government. The only reason capitalism gets a bad rap right now is because the poorest American is too poor. Once everyone is middle class, everyone will have 400 years to brainstorm and come up with cool shit.

NOLA DONUTS PORTLAND



I feel like in 2009 a new technology was discovered. Nano bot technology, Self replicating. Now everything on earth is built from microscopic machines because the nanobots replicated into every atom on earth.



The sun and the moon are the gods of earth. The moon needs as much money as possible and the Sun only wants to help all of its creations.

Recommended Reading List

- Intrusions - Ursula Heg
- Sneezing your Head off? - Peter E Boggs MD
- like Normal People - Karen E. Prader
- The Parket Inheritance - Varian Johnson
- Feedback - Robinson Wells

Why mental illness is useful

- Mental illness can be used to give a typewriter food and water.
- Mental illness can be used to suppress people and movements that are unacceptable.
- Mental illness expands the imagination and allows typewriter to grasp larger concepts.

Eventually Mental Illness treatment will have evolved. The science changes every day.

Suicide Prevention is Bullshit. If a meat bag wants to commit the die it will be a Constitutionally protected right from the Federal Government. They just may want to go home into the sun.

-Dr Inco MD PHD MHT



Miranda Gorbis IFTF.org



Sometimes it's necessary to spook the locals. With the proper motivation I bet it would be hypothetically possible to bite off tongue then pick it up and swallow it and choke to death.

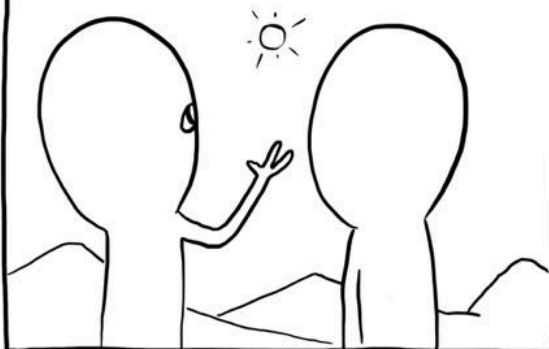
When the sun god wants a woman to love a man or wants them to pay attention there can be physical hallucinations that may feel good.

Nothing like having your fantasy
disrupted by the probabilities of
reality.

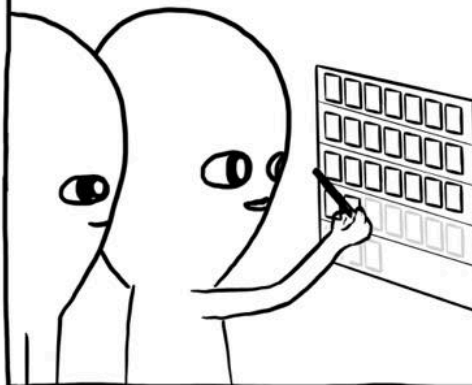
Mama Just Killed a man Put a gun
against his skull pull the trigger
now he's dead. Too late my time
has come.

-Queen Bohemian Rhapsody

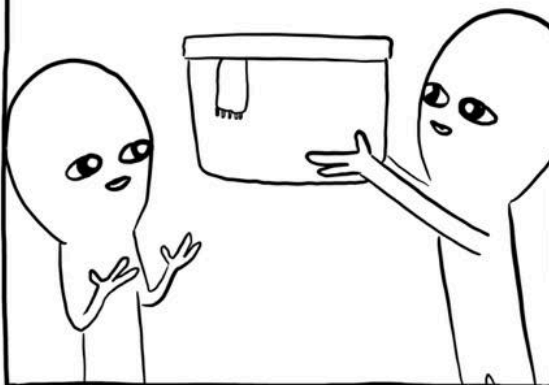
WE HAVE OBSERVED THE
STAR'S POSITION



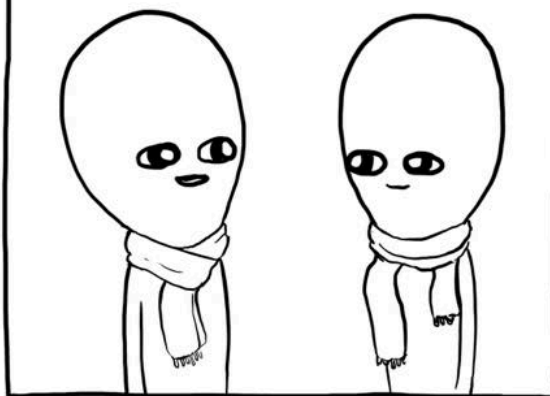
AND COUNTED OUR
PLANET'S ROTATIONS



WE HAVE RETRIEVED
THE THICK FABRICS
FROM THE SMALL CHAMBER



JOYFUL FIRST DAY OF
THE DESCENT



NATHANWPYLE



Tfw the Bible was just the [Wikipedia.org](https://www.wikipedia.org) of the year 0001

[WaterOnWheels.org \(WOW\)](https://WaterOnWheels.org) is working to bring attention to the issue of dehydration within the homeless community and let people know how they can help

WaterOnWheels.org is a place where people can sign up, get more information on how to help out and to get stickers to put on water bottles. The stickers are cool because they have the resources on them that the homeless can use to get help they desperately need. Currently the stickers are only for Multnomah County Oregon but with more demand they will expand production to other areas.

Another Initiative that is really cool is [IFTF's Universal Basic Assets framework and manifesto](#) which does not advocate collectivizing or seizing and distributing resources. Rather, they are a call to action to collaboratively identify the key assets people will need today and in the future in order to lead sustainable livelihoods as individuals, households, and wider communities. UBA offers actionable tools for designing policies and mechanisms for widening access to such resources.

Mayor Pete Buttigieg has expressed interest in UBA and thinks within 10 years they can have the poorest American be in the middle class with a car, a house and a white picket fence if that's what they want. He has a lot of exciting ideas for the future of our country. UBA is a lot more sustainable and fairer than UBI which other candidates are proposing.

WaterOnWheels.org is a small initiative co-founded by Preston Berman and Jacob Berman, it's really a social call to action to try to bring about small changes that make a big impact with the butterfly effect. Their main goals are just to bring about social change and a better humanity for everyone on this Planet.

"It breaks my heart to see people out on the side of the road on a hot day begging for change. I hope with your help people stay hydrated when they are working outside with water instead of soda." -Preston Berman Co-Founder WaterOnWheels.org



ICE T ✓
@FINALLEVEL



Street Game: NEVER say ANYTHING illegal on a Phone.
Text, Social Media or E-Mail..... 'EVER' You've been
warned.

10:36 AM · Sep 20, 2019 · [TweetDeck](#)

12.1K Retweets **43.8K** Likes



Open Letter to Governor Kate Brown

[September 22, 2019](#)

Hello Kate, I really like the things you do for the state of Oregon and will continue to vote for you. Its so nice to have such a strong woman in the position you are in. I met you while I was a client at the Oregon State Hospital and we took a picture together. That was a really cool day. I'm sorry about the misunderstanding there was with the other consumer in my party who handed you a suspicious piece of paper that had to be investigated. He is a good guy but was just sick. I am not sure how they are doing now. My Name is Preston Berman and I would like to write to you today about what I think is unfair to individuals that were adjudicated guilty except for insanity because they were unable to conform their conduct to the standards and expectations of the law at the time of the instant offense due to the individual suffering from a severe mental condition. As it stands the law was modified to no longer require individuals in my position to receive the maximum sentence allowed under the law. What I believe is unfair and that should be fixed is that doesn't do anything for anyone who was already convicted because the law interpretation was not applied retroactively. Thus I have a 20 year commitment to stay in the state of Oregon. Not that I would leave permanently if I could. I have a life in Oregon, Friends and I really like the state. I feel like if this law got a second or third look maybe there could be a way to revisit all of the cases that were convicted before the change and grant them some relief. As it stands today

my only option would be to file for a post conviction relieve have my conviction overturned and return to county jail for a new trial. I know we have a crisis on our hands in Oregon and I am sure the budget could use some trimming from some of these individuals who are in the same situation as me living successfully in the community leading normal lives. Another thing I wanted to touch on briefly is that with SB 420 the PSRB was no longer applied to people that were incarcerated at the Oregon State Hospital. They were placed under SHRP.

When the law was interpreted as it was written I believe it should have differentiated between Measure 11 arson and Non Measure 11 arson. I was convicted of a non measure 11 arson at least thats what my Public defender told me at the time which should have moved me to Tier 2 under SB420 while I was at the Oregon State Hospital and had me under the SHRP board. But I fell through the cracks. When the change took effect a large number of clients I know used it as sort of a get out of jail free loop hole. They were out in the community and were revoked to the state hospital on purpose with the sole objective of receiving a jurisdictional discharge from the SHRP panel that had full permission to grant those and doesn't need to clear anything with the PSRB.

<https://www.oregon.gov/oha/OSH/MeetingDocuments1/2018.06.26-309-092-proposed.pdf>

I see just now this law has been modified but I haven't read into it yet. Well Thank you for your time and I hope you can take some of these things into consideration. I really appreciate how the State of Oregon has helped me with my current life trajectory.



Preston Berman with Kate Brown

[September 20, 2019](#)

Hi I'm Preston Alcoholic. In 2010 at the bottom of my addiction and disease I tried to kill myself by starting a fire. It did alot of damage and I was given supervision under a mental health court instead of going to prison. The idea of telling anyone that wasn't already under the same court has been horrifying to me for years. I've avoided alot of interactions out of the fear that someone would google my name and find the article about the fire. I'm finally starting to heal enough to talk about my past without shame. Acknowledging it happened but not living in fear of my past. I feel the most unshackled then I have in 10 years. The real healing all started a few days ago. I was trying to do everything possible to use search engine optimization to knock the article about the fire off the front page from my Google results. I made blogs, I uploaded about 50 pictures of my face to wikipedia. I was driving home from my friends house and I saw a homeless person on the side of the road begging for change. I have before in the past given them a bottle of water instead of money. I got an idea why not try to encourage other people to give out water to panhandlers they see during their daily commutes. I made a website and a Facebook page and I'm really jazzed up about the whole thing. Thanks I'm Preston Alcoholic



People that want to win the lottery don't realize that just by being born in this country we have already won.

[September 21, 2019](#)

I really appreciate everyone's help with wateronwheels.org

Thank you



Attention Please

**For the benefit of our customers,
this area may be under 24-hour**

VIDEO SURVEILLANCE

- **PAYPHONE ALLOWS
NO INCOMING CALLS.**

[September 21, 2019](#)

Man just smiling at random people on the street that pass you and smile is so good Instead of just walk around shit face oblivious to everyone

[September 20, 2019](#)

I just think if our consciousness is eternal then whatever is after this life will be there in 100 years or 1000 years whats the hurry.

[September 20, 2019](#)

[I am available for hire on Upwork](#)

Monkey selfie

[September 19, 2019](#)

<https://doiyama.com/> My T-shirt design website

[September 18, 2019](#)



I programmed it to work at my gym now.. I really need to start going regularly again.

Okay google thank you

Okay google, please let me listen to music

Okay playing music on bedroom group

- The Eagles - Hotel California
- Pink Floyd - Brain Damage
- Matilda - Barely Floating
- Isolation - Philanthrope
- Celery Man - Birocratic
- dont say a word - idealism
- Low Profile - Crystal Stilts
- Michael Franti & Spearhead - Good To Be Alive Today
- Safe Dream - Tep No
- We Understand Each Other - Brazos
- Create Your Own Reality - Pomegranates
- Shout out louds - you are dreaming
- Sugar Hill & Nytron - Oooh
- Robert DeLong - Happy
- Cashout - Fugazi
- Shock To My System - Pnau
- Lindstrøm - Rà-Àkõ-St
- Fantompower - Things Work Out Eventually
- Jam For Jerry - Holy Ghost!
- So So LaLa - Strange Talk
- The Cowsills - Love American Style
- Tha Penis - Dollar Short
- What So Not - Death Drive
- Gray - slenderbodies
- Silver - Shadow Dancer
- La Carta - The Box Tops
- Satin Jackets - Latin Jackets
- Virtues - Ajmw
- Monkey Jazz - Alpha Jones
- Mango - Handbook
- T Baby - It's So Cold in the D

Meat Bags

Meat bags are controlled by their soul typewriter their soul typewriter can only send information down to the meat bag on earth but the meatbag on earth cant hear all the thoughts of their typewriter Sometimes meatbags can malfunction and receive more information. This may cause mental illness

9.24.19

-Dr Inco Jones

I Preston Berman will be signing
the Bill Gates Giving Pledge.
Over the course of my meatbags
life. How ever long that may be I
will donate 50% of my Earth wealth
to help other meatbags.



Typewriters

The world is a collection of typewriters each individual on the Plant contributes to the greater good and wealth of the creators (Sun) (Moon) they love us and have decided creativity would expand if each typewriter became middle class in the world. BUTTMAN said he wants universal basic assets. He must work closely with the sun god.



I am Proud to be an American where at least I know were Free and I won't forget the meatbags that died that gave that Right to me and I'll Proudly stand up next to you and defend HER still today for there ain't no doubt I love this Land Sun God Bless the United America.



Okay Google who is Preston Berman

Hello <user> Preston Berman is the Chief of the Board for the Berman Investment Group. Bermans Have a number of things they support to help the future of technology and expand Human lifespans as long as possible.

Feather

We are all meatbags

The jews meatbags

The blacks meatbags

The gays meatbags

The indiginous people meatbags

JOIN THE MEATBAG RACE BECOME A
GOVERNMENTOLOGIST TODAY

Mirrors on the ceiling Pink Champagne on ice we are all just prisoners here of our own device. Relax said the Night man we are programmed to receive you can check out any time you like But you may never leave welcome to the hotel california. (This is simulated reality jailbreak your brain today become woke as fuck)

-Dr Inco

Humans and technology have merged, Meatbags will do amazing things in the future.

Thanks for reading my notes

-Preston Berman

10.4.19

